

NORTHEAST HEALTH & FITNESS BASKETBALL

Spring League

REGULAR SEASON

Week 1 – May 1st & 2nd

Wed 7:30pm – Knicks vs Blazers

Wed 8:30pm – Kings vs Heat

Thurs 7:30pm – Rockets vs Celtics

Thurs 8:30pm – Thunder vs Warriors

Week 2– May 8th & 9th

Wed 7:30pm – Thunder vs Blazers

Wed 8:30pm – Kings vs Knicks

Thurs 7:30pm – Rockets vs Heat

Thurs 8:30pm – Warriors vs Celtics

Week 3– May 15th & 16th

Wed 7:30pm – Kings vs Celtics

Wed 8:30pm – Heat vs Blazers

Thurs 7:30pm – Rockets vs Warriors

Thurs 8:30pm – Thunder vs Knicks

Week 4 – May 22nd & 23rd

Wed 7:30pm – Kings vs Rockets

Wed 8:30pm – Thunder vs Heat

Thurs 7:30pm – Celtics vs Blazers

Thurs 8:30pm – Warriors vs Knicks

Week 5– May 29th & 30th

Wed 7:30pm – Warriors vs Heat

Wed 8:30pm – Blazers vs Kings

Thurs 7:30pm – Rockets vs Thunder

Thurs 8:30pm- Knicks vs Celtics

Week 6– June 5th & 6th

Wed 7:30pm – Kings vs Warriors

Wed 8:30pm – Knicks vs Heat

Thurs 7:30pm – Blazers vs Rockets

Thurs 8:30pm – Celtics vs Thunder

Week 7– June 12th & 13th

Wed 7:30pm – Warriors vs Blazers

Wed 8:30pm – Thunder vs Kings

Thurs 7:30pm – Rockets vs Knicks

Thurs 8:30pm – Heat vs Celtics

PLAYOFFS

Double Elimination Tournament

- All 8 Team make the Playoffs
- Teams will be seeded 1 through 8

Week 1 Playoffs – June 19th & 20th

Wed 6/19 @ 7:30pm – 1st vs 8th

Wed 6/19 @ 8:30pm – 4th vs 5th

Thurs 6/20 @ 7:30pm – 2nd vs 7th

Thurs 6/20 @ 8:30pm – 3rd vs 6th

Week 2 Playoffs – June 26th & 27th

Winners Bracket

Wed 6/26 @ 7:30pm – winners from 1 vs 8 and 4 vs 5

Wed 6/26 @ 8:30pm – winners from 2 vs 7 and 3 vs 6

Losers Bracket

Thurs 6/27 @ 7:30pm – losers from 1 vs 8 and 4 vs 5

Thurs 6/27 @ 8:30pm – losers from 2 vs 7 and 3 vs 6

Week 3 Playoffs – July 10th & 11th

Losers Bracket

Wed 7/10 @ 7:30pm – losing team from 6/26 8:30 game vs winning team from 6/27 7:30 game

Wed 7/10 @ 8:30pm – losing team from 6/26 7:30 game vs winning team from 6/27 8:30 game

Thurs 7/11 @ 7:30pm – Winners from Wed night games

Winners Bracket

Thurs 7/11 @ 8:30pm – Winning team from 6/26 7:30 game vs winning team from 6/26 8:30 game

Week 4 Playoffs – July 17th & 18th

Losers Bracket

Wed 7/17 @ 7:30pm – winning team from 7/11 7:30 losers bracket game vs losing team from 7/11 8:30 winners bracket game

FINALS

Thurs 7/18 @ 7:30pm – Winning team from Wed night game vs the 1 remaining team in the Winners Bracket

TBD : If the Team with 1 loss wins, a second game will be played either at 8:30 following the first game or the following week to determine the League Champion!